

Table 1. Demographic characteristics of the study population	
N	100
Age (mean)	65.5
Gender	
Male	55
Female	45
Education (years)	
Less than high school	10
High school	30
College	40
Postgraduate	20
Marital status	
Married	60
Single	10
Divorced	10
Widowed	20
Occupation	
Retired	40
Unemployed	10
Employed	50
Income (TL/month)	
Less than 1000	10
1000-2000	30
2000-3000	40
More than 3000	20
Health status	
Good	60
Poor	40
Chronic diseases	
Hypertension	30
Diabetes	20
Heart disease	10
Stroke	10
Other	30

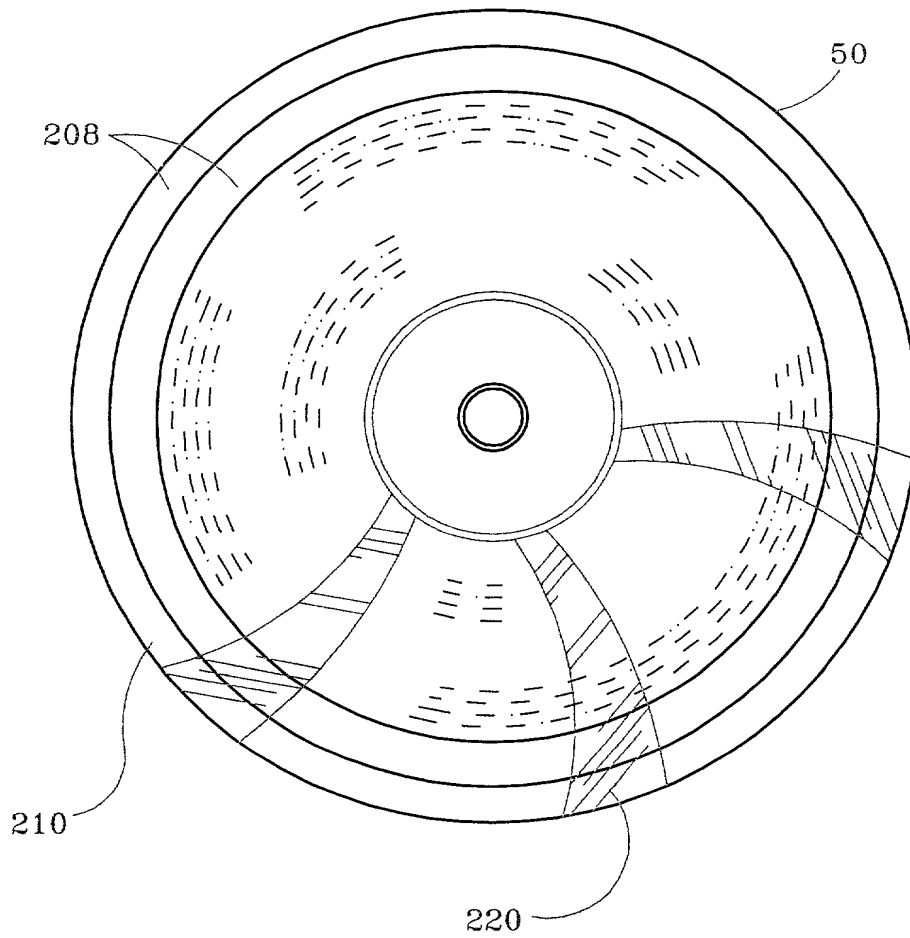
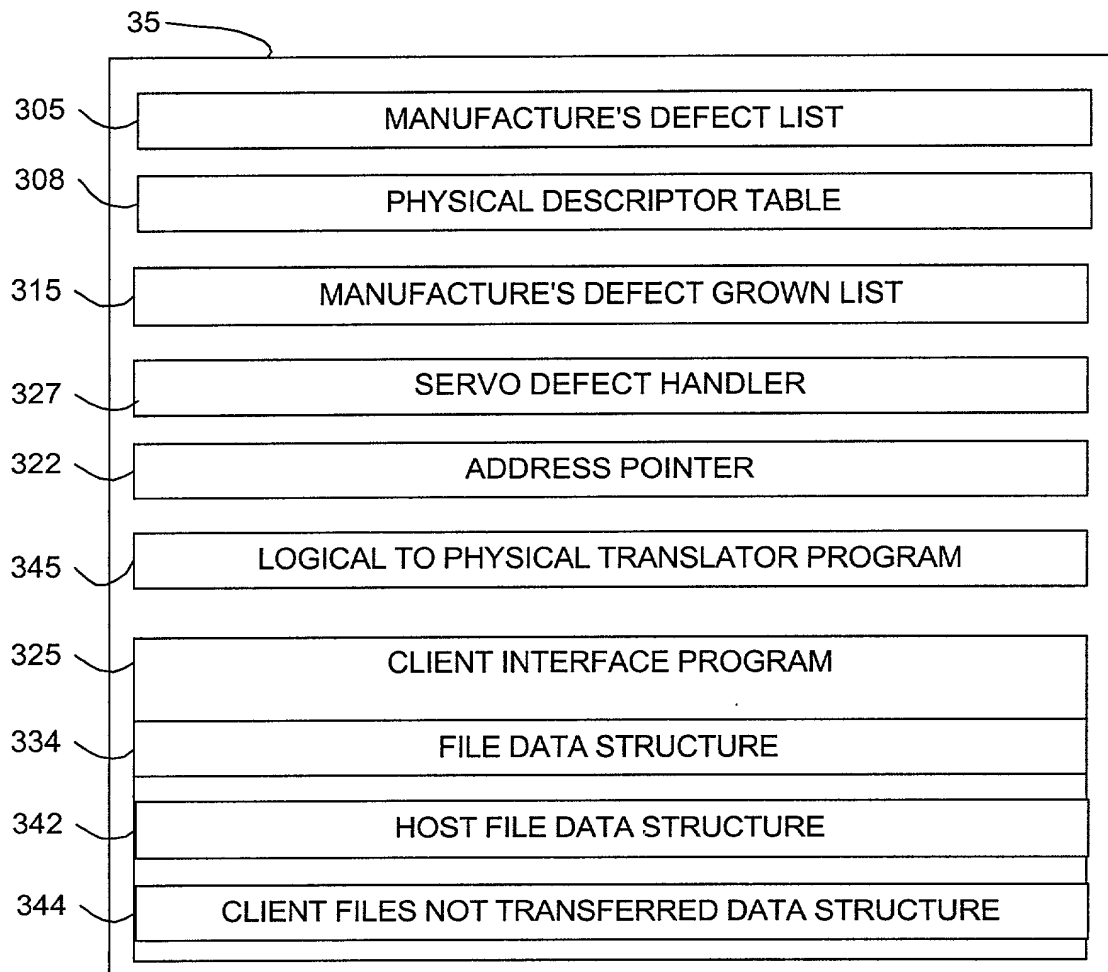


Figure 2

**Figure 3**

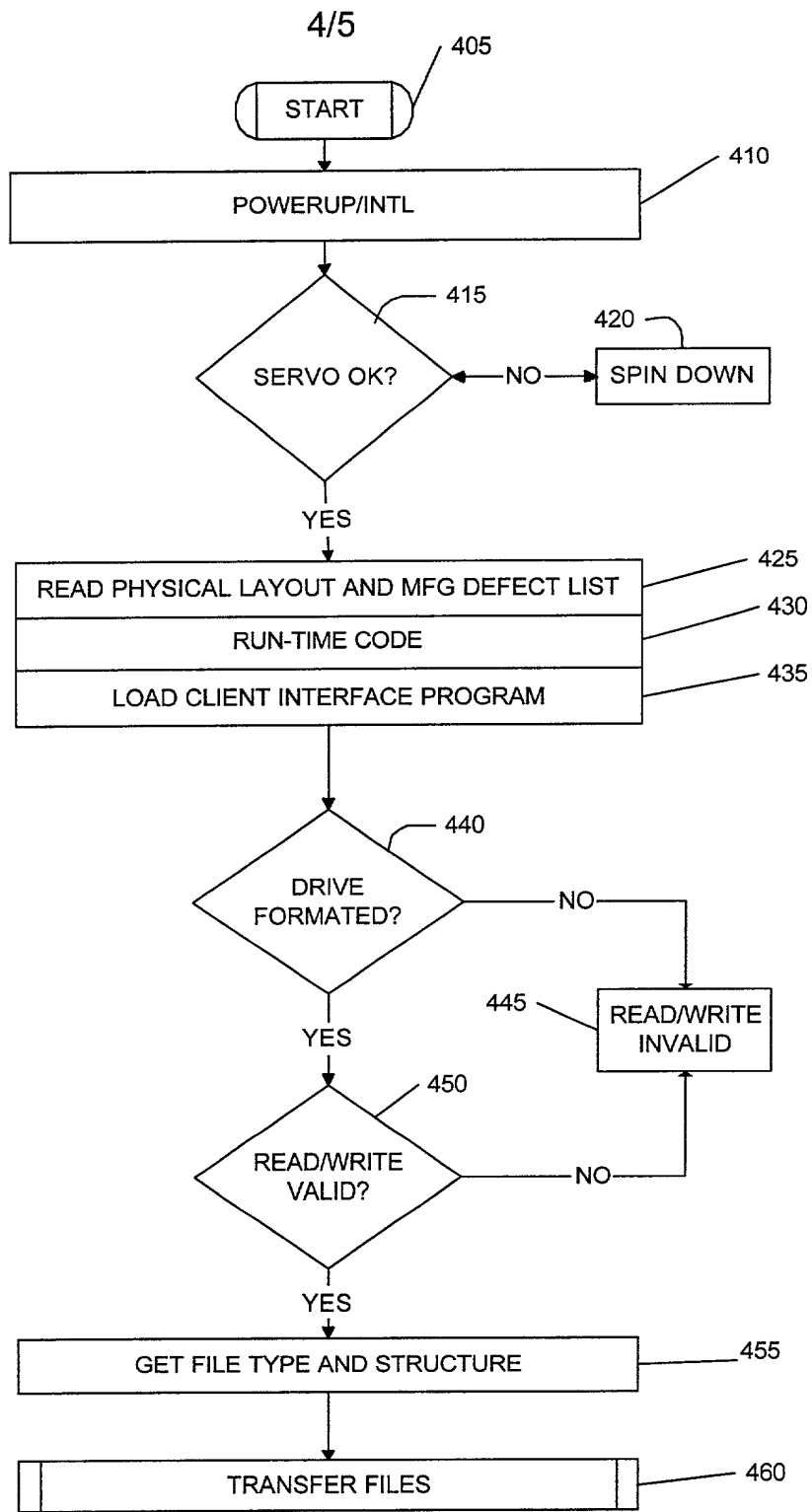


Figure 4

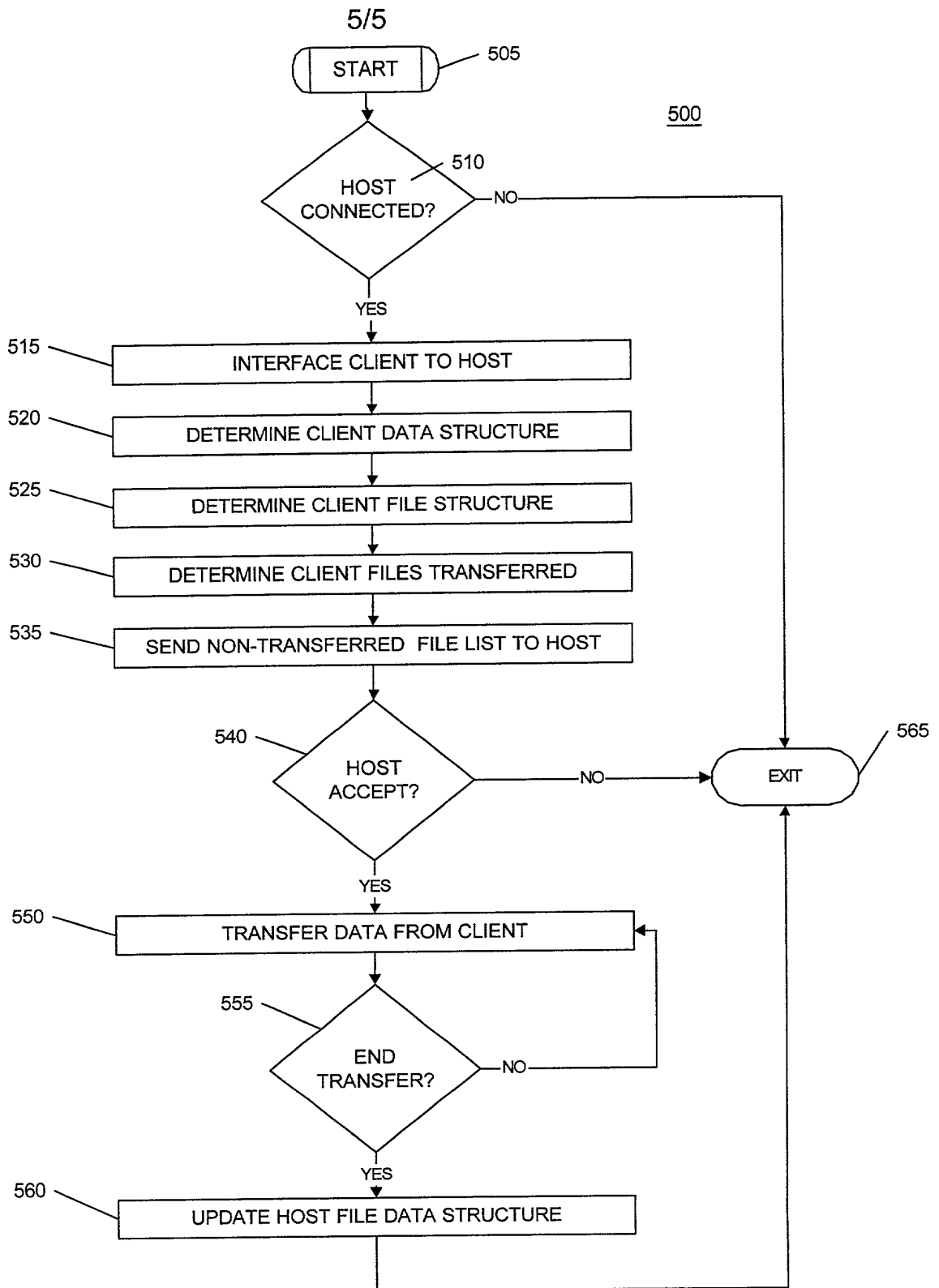


Figure 5